

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skill Domain	Personal Care
Skill Category	Skin Care
Skill Standard Title	Perform skin care for clients
Skill Standard Descriptor	Perform skin care for clients to maintain healthy skin condition
Proficiency Level	Level 1 <i>Previously 'Basic I' under CCSSF</i>
Source Code	CCSSF-PC-SC-1001-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Communication with client, which may include: ○ Greeting ○ Explaining process ○ Having conversations ○ Checking on client readiness ○ Creating small talk ○ Acquiring information ○ Checking history (e.g. past events, actions, etc.) • Functions of skin • Basic skin care • Assessment of readiness for skin care, which may include: ○ Scratches ○ Abrasions • Skin care product application • Self-management and client support, which may include: ○ Hydration ○ Maintenance of surrounding temperature ○ Change of dressing • Types of skin conditions and how to treat them, which may include: ○ Psoriasis ○ Eczema ○ Acne ○ Skin cancer ○ Bacterial skin conditions ○ Fungal infections ○ Infestations ○ Viral infections ○ Blistering

	• Skin care treatment processes, which may include: ○ Usage of soap ○ Cleansing ○ Dressing ○ Packing ○ Protecting • Skin abnormalities, which may include: ○ Broken skin ○ Scratches ○ Abrasions • Basic dressing for broken skin • Tools used in skin care, which may include (not limited to): ○ Alcohol swabs ○ Personal protective equipment (PPE) ○ Gauze ○ Tweezers ○ Emollient • Organisational policies in relation to: ○ Ensuring client's consent ○ Cleansing ○ Applying dressing ○ Advising client to inform staff if site starts to bleed or is tender or painful • Provisions of National Infection Prevention and Control Guidelines for Long Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene • Legal and/or Industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: • Assess readiness of client in accordance with organisational policies and procedures • Interpret order or care plan on skin care requirements • Conduct visual assessment of skin with reference to care plan

	• Prepare requisites for skin care based on care plan • Communicate with client in relation to skin care process in accordance with organisational procedures • Apply skin care products as advised by qualified medical professional in accordance with organisational policies and procedures • Manage broken skin in accordance with organisational policies and procedures • Observe and report on skin abnormalities in accordance with organisational policies and procedures • Reinststate tools, equipment and site in accordance with organisational procedures • Complete documentation in accordance with care plan
Person Centred Care <i>This refers to having a person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: • Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: • Prepare requisites for skin care • Apply skin care products • Practise infection control in accordance with National Infection Prevention and Control Guidelines